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## **Buffalo & Trinity**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Musical Visits w/Maija: 1 3:00- Buffalo House 3:45- Trinity House	10:30- Resident Council  Meeting-Auditorium Exercises w/Maija: 2 10:30- Buffalo House 11:15- Trinity House Church Service: 11:10- Buffalo House 11:30- Trinity House HOUSEHOLD BINGO 2:30- Buffalo & Trinity Houses-Buffalo House Dining Room	Individual Exercises & Visits y/Stephen: 10:30- Buffalo House 11:15- Trinity House	Exercises w/ Stephen: 4 10:30- Buffalo House 11:15- Trinity House 11:15- Bible Study w/ Pastor Barbara Saltarella- Buffalo Dining Room	Holy Communion: 5  10:30- Buffalo & Trinity Bible Study w/ Pastor Ken Keenan: 2:00- Buffalo House 2:30- Trinity House 2:30- Music w/Lesley- Wings On Unit Concert w/ Joseph Mahfoud: 3:00- Buffalo House 3:30- Trinity House	Chair Exercises w/ Matt: 6 10:30- Buffalo House 11:15- Trinity House 3:30- Visits w/ Matt-Wings	Shopping Cart w/ Jen & 7 Olivia: 3:45-Buffalo House 4:00-Trinity House
Musical Visits w/Maija: 8 3:00- Buffalo House 3:45- Trinity House	Exercises w/Maija: 9 10:30- Buffalo House 11:15- Trinity House Church Service: 11:10- Buffalo House 11:30- Trinity House 2:00- Christmas Concert by Peter Van Scozza Sponsored by Optum- Hope Dining Room	Individual Exercises & Visits w/Stephen: 10:30- Buffalo House 11:15- Trinity House HOUSEHOLD BINGO 2:30- Buffalo & Trinity Houses-Buffalo House Dining Room	Exercises w/ Stephen: 11 10:30- Buffalo House 11:15- Trinity House 11:15- Bible Study w/ Pastor Barbara Saltarella- Buffalo Dining Room 4:00-Visits w/Maija- Wings	11:00-Individual Exercises  & Visits w/Stephen-Wings Holy Communion: 10:30- Buffalo & Trinity 10:30 -Pet Visits w/ Coco-Wings Bible Study w/ Pastor Ken Keenan: 2:00- Buffalo House 2:30- Trinity House 2:30- Music w/Lesley- Wings	Chair Exercises w/ Matt: 13 10:30- Buffalo House 11:15- Trinity House	Sensory Program w/ Olivia : 14 1:15- Buffalo House 2:00- Trinity House
Musical Visits w/Maija: 3:00- Buffalo House 3:45- Trinity House	Exercises w/Maija: 16 10:30- Buffalo House 11:15- Trinity House Church Service: 11:10- Buffalo House 11:30- Trinity House HOUSEHOLD BINGO 2:30- Buffalo & Trinity Houses- Buffalo House Dining Room	Individual Exercises & Visits w/Stephen:  10:30- Buffalo House  11:15- Trinity House  2:45- Corn Hole w/ Stephen & Matt- Buffalo Dining Room	Exercises w/Stephen: 18 10:30- Buffalo House 11:15- Trinity House 11:15- Bible Study w/ Pastor Barbara Saltarella- Buffalo Dining Room 2:30-4:30- HOLIDAY OPEN HOUSE Sponsored by Optum- Auditorium & Atrium	11:00-Individual Exercises 19  & Visits w/Stephen- Wings  Holy Communion: 10:30- Buffalo & Trinity  Bible Study w/ Pastor Ken Keenan: 2:00- Buffalo House 2:30- Trinity House 2:30- Music w/Lesley- Wings	Chair Exercises w/ Matt: 20 10:30- Buffalo House 11:15- Trinity House 2:00- Holiday Concert by Kirk McWhorter - Hope Dining Room	Traveling Holiday Craft Cart w/ Jen: 1:15- Buffalo House 2:00- Trinity House
Musical Visits w/Maija: 3:00- Buffalo House 3:45- Trinity House	Exercises w/Maija: 23 10:30- Buffalo House 11:15- Trinity House Christmas Service w/ Pastor Ken Keenan: 11:10- Buffalo House 11:30- Trinity House HOUSEHOLD BINGO 2:30- Buffalo & Trinity Houses- Buffalo House Dining Room	Individual Exercises & Visits  w/Stephen: 10:30- Buffalo House  11:15- Trinity House	CHRISTMAS 25 HANUKKAH, begins at Sunset Music w/Maija: 10:30- Buffalo House 11:15- Trinity House	KWANZAA Begins 26  11:00-Individual Exercises  & Visits w/Stephen-Wings  Holy Communion:  10:30- Buffalo & Trinity  Bible Study w/ Pastor Ken Keenan:  2:00- Buffalo House  2:30- Trinity House  2:30- Music w/Lesley- Wings	Chair Exercises w/ Matt: 27 10:30- Buffalo House 11:15- Trinity House	Manicures w/ Olivia: 28 1:15-Buffalo House 2:00-Trinity House
Musical Visits w/Maija: 3:00- Buffalo House 3:45- Trinity House	Exercises w/Maija: 30 10:30- Buffalo House 11:15- Trinity House Church Service: 11:10- Buffalo House 11:30- Trinity House HOUSEHOLD BINGO 2:30- Buffalo & Trinity Houses- Buffalo House Dining Room	NEW YEAR'S EVE 31 Individual Exercises & Visits w/Stephen: 10:30- Buffalo House 11:15- Trinity House 11:15- Traveling New Year's Eve Cart- w/Kevin & Matt- Wings 2:30- CATHOLIC MASS w/ FATHER PAUL STELLAR-Auditorium	Happy New Year!	*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE*	Auditorium- West Village Auditorium Dining Room- Household Dining Room Wings- Hallways	BEECHWOOD HOMES

Garvin & Hope

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Afternoon Music w/Maija: 1 1:30- Garvin House 2:15- Hope House	10:30- Resident Council Meeting-Auditorium Church Service 10:30- Garvin House 10:50- Hope House Exercise w/ Matt: 10:30- Hope House 11:15- Garvin House HOUSEHOLD BINGO 1:30- Garvin & Hope – Hope Dining Room	Individual Exercises & Visits y/Jen: 10:30- Garvin House 11:15- Hope House	Chair Exercises w/ Matt: 10:30- Garvin House 11:15- Hope House	Holy Communion: 5  11:15- Garvin & Hope Bible Study w/ Pastor Keenan: 1:00- Hope House 1:30- Garvin House 1:00- Music w/Lesley - Wings On Unit Concert w/ Joseph Mahfoud: 2:00- Garvin House 2:30- Hope House	Word Games w/Stephen: 6 10:30- Garvin House 11:15- Hope House	Shopping Cart w/ Jen & 7 Olivia: 1:45- Garvin House 2:30- Hope House
Afternoon Music w/Maija: 8 1:30- Garvin House 2:15- Hope House Pet Visits w/ Coco: 1:30- Hope House 2:15- Garvin House	Church Service 9 10:30- Garvin House 10:50- Hope House Exercise Balls w/ Matt: 10:30- Hope House 11:15- Garvin House 2:00- Christmas Concert by Peter Van Scozza Sponsored by Optum- Hope Dining Room	Individual Exercises & Visits w/Jen: 10:30- Garvin House 11:15- Hope House HOUSEHOLD BINGO 1:30- Garvin & Hope — Hope Dining Room	Chair Exercises w/ Matt: 11 10:30- Garvin House 11:15- Hope House	10:00- <u>Individual Exercises</u> & Visits w/Stephen-Wings  Holy Communion  11:15- Garvin & Hope  Bible Study w/ Pastor Keenan:  1:00- Hope House  1:30- Garvin House  1:00- Music w/Lesley - Wings	Exercises w/Stephen: 10:30- Garvin House 11:15- Hope House	Sensory Program w/ Olivia: 2:45- Garvin House 3:15- Hope House
Musical Visits w/Maija: 15 1:30- Garvin House 2:15- Hope House	Church Service  10:30- Garvin House  10:50- Hope House  Exercise w/ Matt:  10:30- Hope House  11:15- Garvin House  HOUSEHOLD BINGO  1:30- Garvin & Hope – Hope  Dining Room	Individual Exercises & Visits w/Jen: 10:30- Garvin House 11:15- Hope House 1:30- Corn Hole w/ Stephen & Matt- Hope Dining Room	Chair Exercises w/ Matt  10:30- Garvin House  11:15- Hope House  2:30-4:30- HOLIDAY OPEN  HOUSE Sponsored by  Optum- Auditorium & Atrium	10:00-Individual Exercises  & Visits w/Stephen-Wings Holy Communion: 11:15- Garvin & Hope Bible Study w/ Pastor Keenan: 1:00- Hope House 1:30- Garvin House 1:00-Music w/Lesley - Wings	Exercises w/Stephen: 20 10:30- Garvin House 11:15- Hope House 2:00- Holiday Concert by Kirk McWhorter - Hope Dining Room	Traveling Holiday Craft Cart w/ Jen: 2:45- Garvin House 3:15- Hope House
Musical Visits w/Maija: 22 1:30- Garvin House 2:15- Hope House	CHRISTMAS Service  10:30- Garvin House  10:50- Hope House  Exercise w/ Matt:  10:30- Hope House  11:15- Garvin House  HOUSEHOLD BINGO  1:30-Garvin & Hope-Dining Room	Individual Exercises & Visits 24 w/Jen: 10:30- Garvin House 11:15- Hope House	CHRISTMAS 25 HANUKKAH, begins at Sunset Musical Visits w/Maija: 1:30- Garvin House 2:15- Hope House	KWANZAA Begins 26  10:00-Individual Exercises  & Visits w/Stephen- Wings  Holy Communion:  11:15- Garvin & Hope  Bible Study w/ Pastor Keenan:  1:00- Hope House  1:30- Garvin House  1:00- Music w/Lesley – Wings	Word Games w/Stephen: 27 10:30- Garvin House 11:15- Hope House	Manicures w/ Olivia: 28 2:45- Garvin House 3:15- Hope House
Musical Visits w/Maija: 29 1:30- Garvin House 2:15- Hope House	Church Service 30 10:30- Garvin House 10:50- Hope House Exercise w/ Matt: 10:30- Hope House 11:15- Garvin House HOUSEHOLD BINGO 1:30-Garvin & Hope—Dining Room	NEW YEAR'S EVE 31 Individual Exercises & Visits w/Jen: 10:30- Garvin House 11:15- Hope House 10:30- Traveling New Year's Eve Cart- w/Kevin & Matt- Wings 2:30- CATHOLIC MASS w/ FATHER PAUL STELLAR- Auditorium	HAPPY NEW YEAR!	*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE*	Auditorium- West Village Auditorium Dining Room- Household Dining Room Wings- Hallways	BEECHWOOD HOMES

### Pines

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:30- <u>Pet Visits w/ Coco</u> 4:10- <u>Musical Visits w/Maija</u>	10:15- Church Service w/ Pastor Ken Keenan 10:30- Resident Council Meeting- Auditorium HOUSEHOLD BINGO 1:30- Hope Dining Room	10:00- Individual Exercises w/ Matt 11:00- Morning Chats & News w/Kevin 4:30- Exercises w/Kevin	11:00- Morning Chats & News w/Kevin 11:15-Musical Visit w/ Maija 4:00- Manicures & Visits w/ Jen	10:00- Individual Exercises w/ Matt 11:00- Morning Chats & News w/Kevin 11:30-Good Shepherd Holy Communion 11:30-Music Program w/Lesley 3:20- Bible Study w/ Pastor Ken Keenan	11:00- Morning Chats & News w/ Kevin	11:00- Traveling Holiday Craft Cart w/ Jen & Olivia 1:15- Shopping Cart w/ Jen & Olivia 2:30- Current Events & December History w/Kevin
11:00- Morning Chats & News w/Joe 4:10- <u>Musical Visits w/Maija</u>	10:15- Church Service w/ Pastor Ken Keenan 2:00- Christmas Concert by Peter Van Scozza Sponsored by Optum- Hope Dining Room	10:00- Individual Exercises w/ Matt 11:00- Morning Chats & News w/Kevin HOUSEHOLD BINGO 1:30- Hope Dining Room	11:00- Morning Chats & News w/Kevin 11:15-Musical Visit w/ Maija	10:00- Individual Exercises w/ Matt 11:00- Morning Chats & News w/Kevin 11:30-Good Shepherd Holy Communion 3:20- Bible Study w/ Pastor Ken Keenan	13 11:00- Morning Chats & News w/ Kevin	11:00- Sensory Program w/ Olivia 2:00- Ball Toss w/Kevin
4:10-Musical Visits w/Maija	16:15- Church Service w/ Pastor Ken Keenan HOUSEHOLD BINGO 1:30- Hope Dining Room	17 10:00- Individual Exercises w/ Matt 11:00- Morning Chats & News w/Kevin 1:30- Corn Hole w/ Stephen & Matt- Hope Dining Room	11:00- Morning Chats & News w/Kevin 11:15-Musical Visit w/ Maiya 2:30-4:30- HOLIDAY OPEN HOUSE Sponsored by Optum- Auditorium & Atrium	10:00- Individual Exercises w/ Matt 11:00- Morning Chats & News w/Kevin 11:30-Good Shepherd Holy Communion 3:20- Bible Study w/ Pastor Ken Keenan	11:00- Morning Chats & News w/Kevin 2:00- <u>Holiday Concert by Kirk</u> <u>McWhorter</u> - Hope Dining Room	11:00- Morning Chats w/Jen 2:00- <u>Holiday Pictures w/Kevin</u>
11:00- Morning Chats & News w/Joe 4:10- <u>Musical Visits w/Maija</u>	10:15- Christmas Church Service w/ Pastor Ken Keenan HOUSEHOLD BINGO 1:30— Hope Dining Room 4:00- Christmas Stories w/ Olivia	10:00- Individual Exercises w/ Matt	CHRISTMAS DAY 25 HANUKKAH begins at Sunset 11:00- Morning Chats & News w/Kevin 11:15-Musical Visit w/ Maija	KWANZAA begins 26  10:00- Individual Exercises w/ Matt  10:30- Pet Visits w/ Coco 11:00- Chats & News w/Kevin 11:30-Good Shepherd Holy Communion 3:20- Bible Study w/ Pastor Ken Keenan	11:00- Morning Chats & News w/ Kevin 2:30- On Unit Guitar Concert w/ Joseph Mahfoud	11:00- Manicures w/ Jen & Olivia 2:00- Ring Toss w/Kevin
4:10-Musical Visits w/Maija	10:15- Church Service w/ Pastor Ken Keenan HOUSEHOLD BINGO 1:30— Hope Dining Room 4:00-New Years Trivia & History w/ Jen & Olivia	NEW YEAR'S EVE 31 10:15- Traveling New Year's Eve Cart- w/Kevin & Matt- Wings 2:30- CATHOLIC MASS w/ FATHER PAUL STELLAR- Auditorium		*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE.	Auditorium- West Village Auditorium Dining Room	BEECHWOOD HOMES

## Moran

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:15- Pet Visits w/ Coco 3:30- <u>Musical Visits w/Maija</u>	10:00- Church Service w/ Pastor Ken Keenan 10:30- Resident Council Meeting- Auditorium 4:00- Coloring w/ Jen	10:00- Morning Chats & News w/Kevin 1:30- Movie: "The Polar Express" 3:30- Exercises w/Kevin	10:00- Morning Chats & News w/Kevin 10:30-Musical Visit w/ Maiya 1:30- Bingo w/ Kevin 4:00- Sharpen Your Senses Program w/Kevin	10:00- Morning Chats & News w/Kevin  11:30-Good Shepherd Holy Communion  11:30- Music Program w/Lesley 3:00- Bible Study w/ Pastor Ken Keenan	10:00- Morning Chats & News w/ Kevin	10:00- Traveling Holiday Craft Cart w/ Jen & Olivia 1:30- Current Events & December History w/Kevin 3:30- Ring Toss w/Kevin
8 10:00- Morning Chats & News w/Joe 3:30- <u>Musical Visits w/Maija</u>	10:00- Church Service w/ Pastor Ken Keenan 4:00- Manicures w/ Jen	10:00- Morning Chats & News w/Kevin 1:30- Movie: "The Christmas Blessing" 3:30- Exercises w/Kevin	10:00- Morning Chats & News w/Kevin 10:30-Musical Visit w/ Maiya 1:30- Bingo w/ Kevin 4:00- Sights & Sounds of Winter w/Kevin	10:00- Morning Chats & News w/Kevin  11:30-Good Shepherd Holy Communion  11:30- Music Program w/Lesley 3:00- Bible Study w/ Pastor Ken Keenan	10:00- Morning Chats & News w/ Kevin	10:00- Sensory Program w/ Olivia 1:00- Card Games w/Kevin 3:00- Ball Toss w/Kevin
3:30-Musical Visits w/Maija	16 10:00- Church Service w/ Pastor Ken Keenan 4:00- Visits w/ Jen	10:00- Morning Chats & News w/Kevin 1:30- Movie: "A Christmas Story" 3:30- Exercises w/Kevin	18 10:00- Morning Chats & News w/Kevin 10:30-Musical Visit w/ Maiya 2:30-4:30- HOLIDAY OPEN HOUSE Sponsored by Optum- Auditorium & Atrium	19 10:00- Morning Chats & News w/Kevin 11:30-Good Shepherd Holy Communion 11:30- Music Program w/Lesley 3:00- Bible Study w/ Pastor Ken Keenan	10:00- Morning Chats & News w/Kevin	10:00- Morning Chats w/Jen 1:00- Horseshoes w/Kevin 3:00- Holiday Pictures w/Kevin
10:00- Morning Chats & News w/Joe 3:30- <u>Musical Visits w/Maija</u>	10:00- Christmas Church Service w/ Pastor Ken Keenan 4:00- Christmas Triva w/ Jen	1:30- Movie: "Andrea Bocelli & David Foster: My Christmas"	CHRISTMAS DAY 25 HANUKKAH begins at Sunset 10:00- Chats & News w/Kevin 10:30-Musical Visit w/ Maiya 1:30- Bingo w/ Kevin 4:00- Sensory Program w/ Kevin	KWANZAA begins 26  11:15- Pet Visits w/ Coco 10:00- Chats w /Kevin 11:30-Good Shepherd Holy Communion 11:30- Music w/Lesley 3:00- Bible Study w/ Pastor Ken Keenan	10:00- Morning Chats & News w/ Kevin 2:00- On Unit Guitar Concert w/ Joseph Mahfoud	10:00- Manicures w/ Jen & Olivia 1:00- Ball Toss w/Kevin 3:00- Short Stories w/Kevin
3:30-Musical Visits w/Maija	30 10:00- Church Service w/ Pastor Ken Keenan 4:00-New Years Trivia & History w/ Jen & Olivia	NEW YEAR'S EVE 31 10:00- Morning Chats & News w/Kevin 1:30- Movie: "Christmas with the Kranks" 3:30- Exercises w/Kevin	HAPPY  **  **  **  **  **  **  **  **  **	*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE.	Auditorium- West Village Auditorium Dining Room	BEECHWOOD HOMES

Cummings & Wells

DECEMB				Carrin		ens
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Spa Visits w/ Pat: 1 10:00- Cummings House 11:00- Wells House	Individual Exercises  w/ Stephen:  10:00- Cummings House  11:00- Wells House  10:30- Resident Council Meeting-Auditorium  Music Program w/Lesley:  12:15-Wells Dining Room  12:50- Cummings House  2:00- Strengthening the Mind & Body w/Suzanne- Wells Dining Room	10:30- Music Program w/Maija- Wings Bible Study: 10:30-Cummings House 11:00- Wells House 3:30- Shopping Cart w/Jen & Maija - Wings	Trivia w/Suzanne: 4 10:00- Cummings House 11:00- Wells House 1:30- Individual Exercises, Visits & Trivia w/ Pat- Wings 2:30- WEST VILLAGE BINGO-Auditorium	4:00- Music Visits w/Miaja- Wings	Church Service w/Pastor Keenan:  10:00-Cummings House  10:20-Wells House  10:00-Individual Exercises, Visits  * Trivia w/ Pat- Wings  Music Program w/Lesley:  12:15-Wells Dining Room  12:50- Cummings House  2:00- Holiday Concert by Kirk  McWhorter Sponsored by Optum- Auditorium	2:30- <u>Visits w/ Scott</u> - Wings 7
Short Stories w/ Pat: 8 10:00- Cummings House 11:00- Wells House	Individual Exercises  w/ Stephen:  10:00- Cummings House  11:00- Wells House  Music Program w/Lesley:  12:15-Wells Dining Room  12:50- Cummings House  2:00- Cornerstone Community Church Carolers- Wings  3:00- Christmas Trivia & Riddles  w/Suzanne- Wells Dining Room	10:30- Music Program w/Maija- Wings Bible Study: 10:30-Cummings House 11:00- Wells House	1:30- Individual Exercises, Visits & Trivia w/ Pat- Wings 2:30- WEST VILLAGE BINGO-Auditorium	4:00- Music Visits 12 w/Miaja- Wings	Church Service w/Pastor Keenan: 10:00-Cummings House 10:20-Wells House 10:00-Individual Exercises, Visits & Trivia w/ Pat- Wings Music Program w/Lesley: 12:15-Wells Dining Room 12:50- Cummings House 2:45- On-Unit Guitar Concert by Joseph Mahfoud- Wells Dining Room	2:30- Visits w/ Scott- Wings 14
Traveling Holiday Craft Cart 15 w/Pat: 10:00- Cummings House 11:00- Wells House	Individual Exercises w/Stephen:- 10:00- Cummings House 11:00- Wells House Music Program w/Lesley: 12:15-Wells Dining Room 12:50- Cummings House	10:30- Music Program 17 w/Maija- Wings Bible Study: 10:30-Cummings House 11:00- Wells House 3:45- Traveling Trivia w/ Kevin & Maija- Wings	1:30- Individual Exercises, 18  Visits & Trivia w/ Pat- Wings 2:30-4:30- HOLIDAY OPEN HOUSE Sponsored by Optum-Auditorium & Atrium	10:30- <u>Pet Visits w/ Coco-</u> Wings 2:30- WEST VILLAGE BINGO- Auditorium 4:00- Music Visits w/Miaja- Wings	Church Service v/Pastor Keenan:  10:00-Cummings House  10:00-Individual Exercises, Visits  & Trivia w/ Pat- Wings  Music Program w/Lesley:  12:15-Wells Dining Room  12:50- Cummings House	2:30- <u>Visits w/ Scott</u> - Wings 21
Holiday Trivia w/ Pat: 22 10:00- Cummings House 11:00- Wells House	Individual Exercises w/Stephen:- 10:00- Cummings House 11:00- Wells House Music Program w/Lesley: 12:15-Wells Dining Room 12:50- Cummings House	10:30- Music Program  w/Maija- Wings Christmas Service:  10:00-Cummings House  10:20-Wells House  2:00- Christmas Eve Concert by Peter Van Scozza Sponsored by Family Choice- Auditorium	1:30- <u>Individual Exercises</u> , 25 <u>Visits &amp; Trivia w/ Pat-</u> Wings  CHRISTMAS  HANUKKAH, begins at Sunset	2:30- WEST VILLAGE 26 BINGO- Auditorium 4:00- Music Visits w/Miaja- Wings  KWANZAA Begins	Church Service w/Pastor Keenan: 10:00-Cummings House 10:20-Wells House 10:00-Individual Exercises, Visits & Trivia w/ Pat- Wings Music Program w/Lesley: 12:15-Wells Dining Room 12:50- Cummings House	2:30- Visits w/ Scott- Wings 28
Sharpen Your Senses Program w/ Pat: 10:00- Cummings House 11:00- Wells House 2:15- Pet Visits w/ Coco- Wings	Individual Exercises w/Stephen:- 10:00- Cummings House 11:00- Wells House Music Program w/Lesley: 12:15-Wells Dining Room 12:50- Cummings House	NEW YEAR'S EVE  10:30- Music w/Maija- Wings  10:30- Bible Study- Wings  1:30- Traveling New Year's Eve Cart- w/Jen & Maija- Wings  2:30- CATHOLIC MASS -Auditorium	New Year	*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE.	LOCATION KEY  Auditorium- West Village Auditorium Dining Room-Well's Dining Room Hallways - Wings	BEECHWOOD HOMES

#### DECEMBER 2024 Harmony, Eshelman & Holzman

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 30- Individual Exercises Maija- Wings ain Quest w/ Scott: 00- Harmony 00- Eshelman 20- Holzman	Morning Chats & Exercise w/Jen:  10:00- Harmony  10:40 - Eshelman  11:20- Holzman  10:30- Resident Council Meeting- Auditorium	Bible Study  10:30- Eshelman  1:00- Harmony  1:30- Holzman  12:45- Music w/Lesley - Wings  On-Unit Concert by Joseph  Mahfoud:  2:00- Harmony  2:30 - Eshelman  3:00- Holzman	Manicures w/ Pat  10:00- 12:00- Wings  2:30- WEST VILLAGE BINGO- Auditorium	Pet Visits w/ Coco 10:30- Harmony 11:15-Eshelman 11:00- Individual Exercises w/Maija- Wings	Church Service w/Pastor Keenan: 10:40- Harmony 11:00 - Eshelman 11:20- Holzman 1:30- Individual Exercises, Visits & Trivia w/ Pat - Wings 2:00- Holiday Concert by Kirk McWhorter Sponsored by Optum- Auditorium	,
:30- Individual Exercises 'Maija- Wings harpen Your Senses w/ Scott: bo- Harmony 40- Eshelman 20- Holzman	9 Morning Chats & Exercise w/Jen: 10:00- Harmony 10:40 - Eshelman 11:20- Holzman	10  Bible Study 10:30- Eshelman 1:00- Harmony 1:30- Holzman 12:45- Music Program w/Lesley - Wings	Holiday Trivia w/ Pat  10:00- 12:00- Wings  2:30- WEST VILLAGE BINGO- Auditorium	11:00- Individual Exercises w/Maija- Wings	Church Service w/Pastor Keenan: 10:40- Harmony 11:00 - Eshelman 11:20- Holzman 1:30- Shopping Cart w/ Pat & Stephen- Wings	3:30- <u>Visits w/ Scott</u> - Wings
:30- Individual Exercises /Maija- Wings nort Stories w/ Scott: 00- Harmony 40- Eshelman 20- Holzman	Morning Chats & Exercise w/Jen:  10:00- Harmony  10:40 - Eshelman  11:20- Holzman	Bible Study  10:30- Eshelman  1:00- Harmony  1:30- Holzman  12:45- Music Program w/Lesley - Wings	Reading Group w/ Pat  10:00- 12:00- Wings  2:30-4:30- HOLIDAY OPEN HOUSE Sponsored by Optum- Auditorium & Atrium	19 11:00- Individual Exercises w/Maija- Wings 2:30- WEST VILLAGE BINGO- Auditorium	Church Service w/Pastor Keenan: 10:40- Harmony 11:00 - Eshelman 1:20- Holzman 1:00- <u>Traveling Holiday Craft</u> Cart w/ Pat - Wings	3:30- Visits w/ Scott- Wings
:30- Individual Exercises 'Maija- Wings 30- Pet Visits w/Coco- Wings orld News w/ Scott: 00- Harmony 40- Eshelman	Morning Chats & Exercise w/Jen:  10:00- Harmony  10:40 - Eshelman  11:20- Holzman	Christmas Service w/Pastor Keenan: 10:40- Harmony 11:00 - Eshelman 11:20- Holzman 2:00- Christmas Eve Concert by Peter Van Scozza Sponsored by Family Choice- Auditorium	Holiday Reminiscing w/ Pat 10:00- 12:00- Wings  CHRISTMAS HANUKKAH, begins at Sunset	11:00- Individual Exercises w/Maija- Wings 2:30- WEST VILLAGE BINGO- Auditorium  KWANZAA Begins	Church Service w/Pastor Keenan: 10:40- Harmony 11:00 - Eshelman 11:20- Holzman 1:30- Individual Exercises, Visits & Trivia w/ Pat - Wings	3:30- Visits w/ Scott- Wings
1:30- Individual Exercises //Maija- Wings rain Teasers w/ Scott: 1:00- 4:00- Wings	Morning Chats & Exercise w/Jen:  10:00- Harmony  10:40 - Eshelman  11:20- Holzman	NEW YEAR'S EVE 31  Bible Study  10:30- Eshelman  1:00- Harmony  1:30- Holzman  10:30- Traveling New Year's Eve Cart- w/Kevin & Matt- Wings  2:30- CATHOLIC MASS w/ FATHER PAUL STELLAR- Auditorium		*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE.	LOCATION KEY  Auditorium- West Village Auditorium  Dining Room  Hallways - Wings	BEECHWOOD HOMES

#### Hansen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:15- Exercises w/Maija- Dining Room	10:00- Morning Chats & News w/Suzanne- Wings 10:30- Resident Council Meeting- Auditorium 11:00- Bible Study w/ Pastor Barbara Saltarella – Dining Room	2:00- Bible Study w/ Pastor Ken Keenan- Wings 2:50- Musical Beats Program w/Lesley- Wings 2:30- Shopping Cart w/ Jen & Maija- Wings 3:30- On-Unit Concert by Joseph Mahfoud- Dining Room	Visits w/ Pat  10:00- 12:00- Wings  Exercise Bands w/Joe:  11:15- Dining Room  2:30- WEST VILLAGE BINGO- Auditorium	10:30- Chair Yoga w/Maija- Dining Room	1:40- <u>Church Service w/Pastor</u> <u>Ken Keenan -</u> Hansen Dining Room 2:00- <u>Holiday Concert by Kirk</u> <u>McWhorter Sponsored by</u> Optum- Auditorium 3:30- News & Views w/ Pat- Wings	11:30- Visits w/ Scott- Wings
11:15- Exercises w/Maija- Dining Room 10:30-Pre-Game Corn Hole w/Joe-Hansen Dining Room	10:00- Morning Chats & News w/Suzanne- Wings 11:00- <u>Bible Study w/ Pastor</u> <u>Barbara Saltarella</u> – Dining Room	2:00- <u>Bible Study w/ Pastor</u> <u>Ken Keenan</u> - Wings 2:50- <u>Music Program w/Lesley</u> - Wings	Manicures w/ Pat  10:00- 12:00- Wings Exercise Bands w/Joe:  11:15- Dining Room 2:30- WEST VILLAGE BINGO- Auditorium	10:30- Exercises w/Maija- Dining Room	13 11:40- <u>Church Service w/Pastor</u> <u>Ken Keenan -</u> Hansen Dining Room	11:30- <u>Visits w/ Scott</u> - Wings
11:15- Exercises w/Maija- Dining Room	16 11:00- <u>Bible Study w/ Pastor</u> <u>Barbara Saltarella</u> – Dining Room 2:00- HOLIDAY HAPPY HOUR- Horizons' Dining Room	2:00- <u>Bible Study w/ Pastor</u> <u>Ken Keenan</u> - Wings 2:50- <u>Music Program w/Lesley</u> - Wings	Word Association w/ Pat 10:00- 12:00- Wings Exercise Bands w/Joe: 11:15- Dining Room 2:30-4:30- HOLIDAY OPEN HOUSE Sponsored by Optum- Auditorium & Atrium	19 10:30- Chair Yoga w/Maija - Dining Room 2:30- WEST VILLAGE BINGO- Auditorium	11:40- <u>Church Service w/Pastor Ken Keenan -</u> Hansen Dining Room 3:00- <u>Traveling Holiday Craft Cart w/Pat</u> - Wings	11:30- <u>Visits w/ Scott</u> - Wings
11:15- Exercises w/Maija- Dining Room 2:00- "Afternoon Joe w/Joe" Coffee & Talk — Dining Room 2:15- <u>Pet Visits w/ Coco-</u> Wings	2:30- <u>Christmas Service w/</u> <u>Pastor Barbara Saltarella</u> — Horizons' Dining Room	2:00- Christmas Eve Concert by Peter Van Scozza Sponsored by Family Choice- Auditorium 2:50- Musical Beats Program w/Lesley	CHRISTMAS 25 HANUKKAH, begins at Sunset Manicures w/ Pat 10:00- 12:00- Wings	KWANZAA Begins 26 10:30- Exercises w/Maija- Dining Room 2:30- WEST VILLAGE BINGO- Auditorium	11:40- <u>Church Service w/Pastor Ken Keenan -</u> Hansen Dining Room 2:45- <u>Corn Hole w/Stephen &amp; Matt</u> - Hansen Dining Room	11:30- <u>Visits w/ Scott</u> - Wings
11:15- Exercises w/Maija- Dining Room	11:00- Bible Study w/ Pastor Barbara Saltarella – Dining Room	NEW YEAR'S EVE 31 2:00- Bible Study w/ Pastor Ken Keenan- Wings 2:30- CATHOLIC MASS w/ FATHER PAUL STELLAR- Auditorium 3:20- Traveling New Year's Eve Cart- w/Jen & Maija- Wings		Auditorium- West Village Auditorium Dining Room- Horizon's Dining Room Wings- Hallways Hansen Dining Room	*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE.	Beechwood Homes

## Wesley & Arms

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30- Visits w/ Scott- Wings 4:00- <u>Short Stories w/Pat</u> - Wings	10:30- <u>Resident Council-</u> Auditorium Music Program w/Lesley: 1:30 — Wesley 2:00- Arms	3:00- In Room Bible Study w/ Pastor Ken Keenan- Wesley/Arms	Visits w/Jen: 10:30- Wesley 11:15- Arms 2:00- WEST VILLAGE BINGO-Auditorium	3:00-Manicures w/Olivia - Wings	1:00- Prayers w/ Pastor Ken Keenan- Wesley/Arms 2:00- <u>Holiday Concert by Kirk</u> <u>McWhorter</u> (Sponsored by Optum)- Auditorium	1:30- <u>Local News w/ Scott</u> - Wings 4:30- <u>Sensory Program w/ Jen</u> - Wings
8 10:30- Visits w/ Scott- Wings 10:30- <u>Traveling Holiday Craft</u> <u>Cart w/Pat</u> - Wings	9 Music Program w/Lesley: 1:30 — Wesley 2:00- Arms	3:00- In Room Bible Study w/ Pastor Ken Keenan- Wesley/Arms	2:00- WEST VILLAGE BINGO- Auditorium	1:30- Musical Visits w/Maija- Wings	1:00- Prayers w/ Pastor Ken Keenan- Wesley/Arms 3:30- On-Unit Guitar Concert by Joseph Mahfoud- Arms Dining Room	11:30- Chats w/Kevin- Wings 1:30- <u>Brian Teasers w/ Scott</u> - Wings 4:30- <u>Visits w/ Olivia</u> - Wings
15 10:30- Visits w/ Scott- Wings 2:15- <u>Pet Visits w/ Coco-</u> Wings 4:00- <u>Manicures w/Pat</u> - Wings	Music Program w/Lesley: 1:30 — Wesley 2:00- Arms	3:00- In Room Bible Study w/ Pastor Ken Keenan- Wesley/Arms 1:30- Traveling Trivia w/ Kevin & Maija- Wings	Beauty Cart w/Jen: 10:30- Wesley 11:15- Arms 2:30-4:30- HOLIDAY OPEN HOUSE (Sponsored by Optum)- Auditorium & Atrium	2:30- WEST VILLAGE BINGO- Auditorium	1:00- Prayers w/ Pastor Ken Keenan- Wesley/Arms	1:30- <u>Sports News w/ Scott</u> - Wings 4:30- <u>Sensory Program w/ Jen</u> - Wings
10:30- Visits w/ Scott- Wings 4:00- <u>Holiday Trivia w/Pat</u> - Wings	Happy Hannkkah	2:00- Christmas Eve Concert by Peter Van Scozza (Sponsored by Family Choice)- Auditorium 3:00- Christmas Service w/ Pastor Ken Keenan- Wesley/Arms	CHRISTMAS 25 HANUKKAH, begins at Sunset		1:00- Prayers w/ Pastor Ken Keenan- Wesley/Arms	1:30- <u>New Year Trivia w/</u> <u>Scott</u> - Wings 4:30- <u>Visits w/ Olivia</u> - Wings
10:30- Visits w/ Scott- Wings 4:00- <u>Spa Visits w/Pat</u> - Wings	Music Program w/Lesley: 1:30 — Wesley 2:00- Arms	NEW YEAR'S EVE 31 3:30- In Room Bible Study w/ Pastor Ken Keenan- Wesley/Arms 1:00- Traveling New Year's Eve Cart- w/Jen & Maija- Wings 2:30- CATHOLIC MASS w/ FATHER PAUL STELLAR- Auditorium		*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE.	Auditorium- West Village Auditorium Dining Room-Arm's Dining Room Hallways- Wings	BEECHWOOD HOMES

## Horizons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
.0:30- Exercises w/Maija- West Garden Room .:00- <u>Sunday Movie Matinee:</u> <u>elf" 2003 Bob Newhart &amp; Will</u> <u>Ferrell (1hour 30 mins)-</u> Living Room	10:30- Resident Council Meeting- Auditorium Chair Yoga w/Joe: 10:30- West Garden Room 2:30- Bible Study w/ Pastor Barbara Saltarella — West Garden Room	11:30- Music w/Lesley - Dining Room 1:30- Shopping Cart w/ Jen & Maija- Wings	Exercise Bands w/Joe: 10:30- West Garden Room 11:15- Church Service- Horizons' Dining Room 2:30- WEST VILLAGE BINGO- Auditorium	10:30- Exercises w/Olivia - West Garden Room 2:00- Smallwood Garden Club- Table Decoration Craft- Horizons' Dining Room	10:30- Strengthening The Mind & Body w/Suzanne-West Garden Room 1:30- Musical Beats Program w/Lesley-Wings 2:00- Holiday Concert by Kirk McWhorter Sponsored by Optum- Auditorium	1:00- Movie: "Linda Eder: Christmas Stays The Same" Concert 2004 (1hour 3omins) Living Room
8 0:30- Exercises w/Maija- West arden Room :00- "Afternoon Joe w/Joe" offee & Talk – Horizon Dining oom :00- <u>Traveling Holiday Craft</u> art w/Pat - Wings	Chair Yoga w/Joe:  10:30- West Garden Room  2:30- Bible Study w/ Pastor  Barbara Saltarella — West  Garden Room	11:30- <u>Music w/Lesley</u> - Dining Room	Exercise Bands w/Joe: 10:30- West Garden Room 11:15- Church Service- Horizons' Dining Room 2:30- WEST VILLAGE BINGO- Auditorium	10:00- <u>Manicures w/Olivia</u> - Wings 2:00- <u>Bingo w/ Kevin</u> - Horizons' Dining Room	1:30- <u>Music Program w/Lesley</u> - Wings 2:00- On-Unit Guitar Concert by Joseph Mahfoud- Dining Room	Chair Exercises w/Kevin: 10:30- West Garden Room 1:00- Movie: "Christmas in Connecticut" 1945 Barbara Stanwyck & Dennis Morgan (1hours 41mins)- Living Room
15.0:30- Exercises w/Maija- West Garden Room .:00- <u>Sunday Movie Matinee:</u> White Christmas" 1956 Bing <u>Crosby &amp; Rosemary Clooney</u> <u>2hours 3 mins)-</u> Living Room .:30- Pet Visits w/Coco- Wings	Chair Yoga w/Joe: 10:30- West Garden Room 2:00- HOLIDAY HAPPY HOUR- Horizons' Dining Room 3:00- Bible Study w/ Pastor Barbara Saltarella - West Garden Room	17 11:30- <u>Music w/Lesley</u> - Dining Room 2:30- Traveling Trivia w/ Kevin & Maija- Wings	Exercise Bands w/Joe: 10:30- West Garden Room 11:15- Church Service- Horizons' Dining Room 2:30-4:30- HOLIDAY OPEN HOUSE Sponsored by Optum- Auditorium & Atrium	19 10:30- Exercises w/Olivia - West Garden Room 2:30- WEST VILLAGE BINGO- Auditorium	1:30- Musical Beats Program w/Lesley- Wings	Chair Exercises w/Kevin:  10:30- West Garden Room  1:00- Movie: "Miricale On 34 <sup>1</sup> Street" 1994 Elizabeth  Perkins & Dylan McDermott  (1hour 53mins)- Living Room
o:30-Pre-Game Corn Hole v/Joe-West Garden Room	Chair Yoga w/Joe: 10:30- West Garden Room 2:30- Christmas Service w/ Pastor Barbara Saltarella — Horizon's Dining Room	2:00- <u>Christmas Eve Concert</u> <u>by Peter Van Scozza</u> Sponsored by Family Choice- Auditorium	CHRISTMAS 25 HANUKKAH, begins at Sunset Exercises w/Holly: 10:30- West Garden Room	_	1:30- <u>Music Program w/Lesley</u> - Wings 1:30- <u>Corn Hole w/ Stephen &amp;</u> <u>Matt</u> - West Garden Room	Chair Exercises w/Kevin:  10:30- West Garden Room  1:00- Movie: "Home Alone"  1990 Macaulay Culkin & Catherine O'Hara (1hour  43mins)- Living Room
29 Lo:30- Exercises w/Maija- West Garden Room L:00- <u>Sunday Movie Matinee:</u> Andre Rieu: Christmas Around The World" 2006 Lhour 30 mins)- Living Room L:30- Pet <u>Visits w/Coco</u> - Wings	Chair Yoga w/Joe:  10:30- West Garden Room  2:30- Bible Study w/ Pastor  Barbara Saltarella - West  Garden Room	NEW YEAR'S EVE 31  10:30- Activity Meeting w/Holly- West Garden Room 1:00- Traveling New Year's Eve Cart- w/Jen & Maija- Wings 2:30- CATHOLIC MASS w/ FATHER PAUL STELLAR- Auditorium	0.00	Auditorium- West Village Auditorium Dining Room- Horizon's Dining Room East / West Garden Room- East & West Hallways - Wings	*Please contact Activity Director or Activity Supervisor with questions or comments. *Activities are conducted by Assigned Staff. *ALL PROGRAMS SUBJECT TO CHANGE.	BEECHWOOI HOMES